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Walking The Portuguese Camino: Porto To Santiago De Compostela



Synopsis

This self help guide provides the reader with all essential information necessary to plan and walk the Portuguese Camino, in the footsteps of pilgrims past. Whatever your motivation for undertaking the walk, whether religious, spiritual, health or just pure curiosity it is important to prepare well and remain open to all that a Camino has to offer. Hopefully the experience will be uplifting and you will be left with treasured memories which will last a lifetime. To give your journey historical context I've briefly outlined the Christian story that connects Saint James with Northern Spain and have provided a short historical perspective on the modern Santiago pilgrimage. You will be guided from Porto's Se Cathedral along the historical 240 km Portuguese Interior Camino route, navigating roads, rural passes, visiting small medieval towns and villages and travelling through forests, over bridges and alongside farms until you reach your ultimate destination; the beautiful cathedral of Santiago de Compostela. This guide divides the route into suggested day walks that can be easily varied to suit your walking pace, time availability and levels of stamina. Hand-drawn walking maps, route elevations, instructions for keeping you on track and information on sites of interest are all provided.

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Customer Reviews

If you are looking for a step by step guide this may be the book for you. I was hoping for less detail of daily walking and a lot more history.

I have a Brierley guide too but I found this book to be very clear on it's directions. I would read the next day on the night before and recognize landmarks as they occurred. It was fun!

Reading this before leaving has been very helpful in understanding what lies ahead. Thank you for the detailed descriptions of the route!

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